























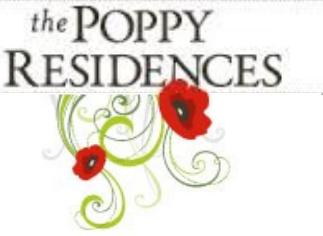





# July 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> <b>Canada Day</b>  1:30-3:00 - Bridge (LIB)  Residents Choice of Leisure Activities !	<b>2</b> 11:00 –Shuffle Board (AR) 2:00 - BINGO (AR) 3:00 - Table Games (LIB)	<b>3</b> 11:00 Balance Exercise (AR) 2:00 - Dominoes (LIB) 3:00 - Wii Bowling (TL) 7:00 - Movie Night (TL) 	<b>4</b> 10:15 - Chair Exercise (AR) <b>1:00 - Nurse Next Door</b> 2:00 - BINGO (AR) 3:00 - Ball Darts (AR) 6:30 - Cribbage 	<b>5</b> 2:00 - Uno (LIB) 3:00 - Happy Hour (ML) <b>6:30 - Cards Night (ML)</b> 	<b>6</b> <b>10:30 - Bus Trip -</b>  <b>Queen Elizabeth Park</b> 11:00 Knitting Club (LIB) 3:00 - Carpet Bowling (AR)	<b>7</b>  Residents Choice of Leisure Activities !
<b>8</b> 1:30-3:00 - Bridge (LIB)  Residents Choice of Leisure Activities !	<b>9</b> 10:15 - Chair Exercise (AR) 2:00 - BINGO (AR) 3:00 - Card Game (LIB) 	<b>10</b> 11:00 - Scrabble (LIB) <b>2:00 - Burnaby Library</b> 3:00 - Ball Darts (AR) 7:00 - Movie Night (TL) 	<b>11</b> 10:15 - Chair Exercise (AR) <b>2:00 - Concert w/ Allen Boolinoff (ML)</b>  3:00 - Shuffle Board (AR) 6:30 - Cribbage 	<b>12</b> 11:00 - Dominoes (LIB) <b>2:00 - Food Committee</b> 3:00 - Happy Hour (ML) 	<b>13</b> 10:15 - Chair Exercise (AR) 11:00 Knitting Club (LIB) 3:00 - Carpet Bowling (AR)	<b>14</b>  Residents Choice of Leisure Activities !
<b>15</b> 1:30-3:00 - Bridge (LIB)  Residents Choice of Leisure Activities !	<b>16</b> 10:15 - Chair Exercise (AR) 2:00 - BINGO (AR) 3:00 - Happy Hour (ML) 	<b>17</b> <b>10:30 - Bus Trip -</b>  <b>Lougheed Mall</b> 3:00 - Ladder Ball (AR) 7:00 - Movie Night (TL) 	<b>18</b> 10:15 - Chair Exercise (AR) 2:00 - BINGO (AR) 3:00 - Golf (putting) (AR) 6:30 - Cribbage 	<b>19</b> <b>2:00 - Concert w/ Music Variations</b>  3:00 - Happy Hour (ML) <b>6:30 - Poker Night (ML)</b> 	<b>20</b> 10:15 - Chair Exercise (AR) 11:00 Knitting Club (LIB) <b>2:00 - Recreation Meeting</b> 3:00 - Carpet Bowling (AR)	<b>21</b>  Residents Choice of Leisure Activities !
<b>22</b> 1:30-3:00 - Bridge (LIB)  Residents Choice of Leisure Activities !	<b>23</b> <b>10:30 - Bus Trip -</b>  <b>Starlight Casino</b> 2:00 - BINGO (AR) 3:00 - Happy Hour (ML) 	<b>24</b> 11:00 Balance Exercise (AR) 2:00 - Dominoes (LIB) 3:00 - Wii Bowling (TL) 7:00 - Movie Night (TL) 	<b>25</b> 10:15 - Chair Exercise (AR) <b>2:00 - Birthday Tea w/ Doug Hawksworth</b>  6:30 - Cribbage 	<b>26</b> 11:00 - Shuffle Bowling (AR) 2:00 - Scrabble (LIB) 3:00 - Happy Hour (ML) 	<b>27</b> 10:15 - Chair Exercise (AR) 11:00 Knitting Club (LIB) <b>2:00 - Resident Council</b> <b>2:00 - Ice Cream Social (DR)</b> 3:00 - Carpet Bowling (AR)	<b>28</b>  Residents Choice of Leisure Activities !
<b>29</b> 1:30-3:00 - Bridge (LIB)  Residents Choice of Leisure Activities !	<b>30</b> 10:15 - Chair Exercise (AR) 2:00 - BINGO (AR) 3:00 - Happy Hour (ML) 	<b>31</b> 11:00 Balance Exercise (AR) 2:00 - Dominoes (LIB) 3:00 - Bean Bag Toss (AR) 7:00 - Movie Night (TL) 		<b>All programs on Jul 2 will be resident led due to the stat holiday. All programs from Jul 9-13 will be resident led as Lester will be on Vacation!</b>	<b>Winnifred. L Jul 7</b> <b>Eileen. L Jul 8</b> <b>John. Q Jul 11</b> <b>Tim. M Jul 15</b>  	<b>Ray. B Jul 17</b> <b>Josephine. M Jul 18</b> <b>Shirley M Jul 30</b>  