



































August 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Shirley. C Aug 3 Doris. D Aug 4 Jean. O Aug 6 Theresa. D Aug 18 Alice. D Aug 22 Pam. G Aug 26			1 10:15 - Chair Exercise (AR) 1:00 - Nurse Next Door 2:00 - BINGO (AR) 3:00 - Ball Darts (AR) 6:30 - Cribbage 	2 11:00 - Shuffle Bowling (AR) 2:00 - Uno (LIB) 3:00 - Happy Hour (ML) 	3 10:15 - Chair Exercise (AR) 11:00 Knitting Club (LIB) 2:00 - Dominoes (LIB) 3:00 - Carpet Bowling (AR)	4 Residents Choice of Leisure Activities !
5 1:30-3:00 - Bridge (LIB) Residents Choice of Leisure Activities !	6 B.C. Day  11:00 - Shuffle Board (AR) 2:00 - BINGO (AR) 3:00 - Table Games (LIB)	7 11:00 Balance Exercise (AR) 2:00 - Burnaby Library 3:00 - Wii Bowling (TL) 7:00 - Movie Night (TL) 	8 10:45 - Bus Trip - Foreshore Park w/ Box Lunch  2:00 - Concert w/ Shawn Mckee (ML)  3:00 - Bean Bag Toss (AR) 6:30 - Cribbage 	9 2:00 - Food Committee 3:00 - Happy Hour (ML) 6:45 - Cards Night  	10 10:15 - Chair Exercise (AR) 11:00 Knitting Club (LIB) 2:00 - Black Jack (LIB) 3:00 - Carpet Bowling (AR)	11 Residents Choice of Leisure Activities !
12 1:30-3:00 - Bridge (LIB) Residents Choice of Leisure Activities !	13 10:15 - Chair Exercise (AR) 2:00 - BINGO (AR) 3:00 - Happy Hour (ML) 	14 10:30 - Bus Trip - Royal City Mall  2:00 - Dominoes (LIB) 3:00 - Ladder Ball (AR) 7:00 - Movie Night (TL) 	15 10:15 - Chair Exercise (AR) 2:00 - BINGO (AR) 3:00 - Lawn Darts (AR) 6:30 - Cribbage 	16 11:00 Balance Exercise (AR) 2:00 - Golf (cards) (LIB) 3:00 - Happy Hour w/ Greg Hampson (ML) 	17 10:15 - Chair Exercise (AR) 11-3 - Euro Design (ML) 11:00 Knitting Club (LIB) 3:00 - Carpet Bowling (AR)	18 Residents Choice of Leisure Activities !
19 1:30-3:00 - Bridge (LIB) Residents Choice of Leisure Activities !	20 10:15 - Bus Trip - Horse-shoe Bay w/ Box Lunches  2:00 - BINGO (AR) 3:00 - Happy Hour (ML) 	21 11:00 Balance Exercise (AR) 2:00 - Concert w/ Greg Alcock (AR)  3:00 - Wii Bowling (TL) 7:00 - Movie Night (TL) 	22 10:15 - Chair Exercise (AR) 2:00 - BINGO (AR) 3:00 - Golf (putting) (AR) 6:30 - Cribbage 	23 2:00 - Yahtzee (LIB) 3:00 - Happy Hour (ML) 6:45 - Poker Night  	24 10:30 - Bus Trip - White Rock w/ Box Lunch  11:00 Knitting Club (LIB) 2:00 - Recreation Meeting 3:00 - Carpet Bowling (AR)	25 Residents Choice of Leisure Activities !
26 1:30-3:00 - Bridge (LIB) Residents Choice of Leisure Activities !	27 10:15 - Bus Trip - GrandVilla Casino  2:00 - BINGO (AR) 3:00 - Happy Hour (ML) 	28 11:00 Balance Exercise (AR) 2:00 - Dominoes (LIB) 3:00 - Bean Bag Toss (AR) 7:00 - Movie Night (TL) 	29 10:15 - Chair Exercise (AR) 2:00 - Birthday Tea w/ Jim Keyes (AR)   6:30 - Cribbage 	30 10:45 - Bus Trip - Steveson & Fish & Chips Lunch  2:00 - Scrabble (LIB) 3:00 - Happy Hour (ML) 	31 10:15 - Chair Exercise (AR) 11:00 Knitting Club (LIB) 2:00 - Resident Council 2:00 - Ice Cream Social (DR) 3:00 - Carpet Bowling (AR)	All Programs on Monday Aug 6 will be resident led as Lester will be away due to the Stat Holiday!