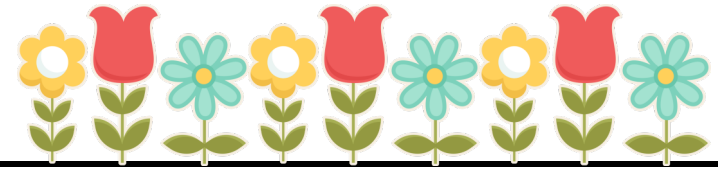







# April 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <b>The Poppy Residences</b>	<b>1</b> 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3:00 Art Project (AR) 7:00 Cribbage Game (LIB)	<b>2</b> 10:15 Balance Exercise (AR) 2:00 Shuffleboard (AR) 3:00 Mah Jong (LIB) 7:00 Movie Night (ML)	<b>3</b> 10:15 Chair Exercises (AR) 2:00 BINGO (AR) 3:00 Happy Hour (ML) 	<b>4</b> 10:15 Exercise Machines (AR) 2-4 Residents Choice of Leisure Activities	<b>5</b> 10:15 Chair Exercises (AR) 2:00 Music Matinee (ML) 3:00 Board Games (LIB) 7:00 Movie Night (ML)	<b>6</b> Residents Choice of Leisure Activities
	<b>7</b> Residents Choice of Leisure Activities	<b>8</b> 10:15 Chair Exercises (AR) 3:15 Knit/Crochet Club (ML) 7:00 Cribbage Game (LIB)	<b>9</b> 10:15 Chair Exercise (AR) 2:00 Bocce Ball (AR) 3:00 Mah Jong (LIB) 7:00 Movie Night (ML)	<b>10</b> 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3:00 Bean Bag Toss (AR)	<b>11</b> 10:15 Exercise Machines (AR) <b>1 - 3 Hearing Clinic (LIB)</b> 2:00 Poker Game (ML) 3:00 Happy Hour (ML)	<b>12</b> 10:15 Chair Exercises (AR) <b>2:30 BIRTHDAY PARTY (Amenity Room)</b> 7:00 Movie Night (ML)
<b>14</b> Residents Choice of Leisure Activities	<b>15</b> 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3:00 Art Project (AR) 7:00 Cribbage Game (LIB)	<b>16</b> 10:15 Balance Exercise (AR) 2:00 Shuffleboard (AR) 3:00 Mah Jong (LIB) 7:00 Movie Night (ML)	<b>17</b> 10:15 Chair Exercises (AR) <b>2:30-4:30- BUS TRIP GARDEN CENTRE &amp; COFFEE</b> 	<b>18</b> 10:15 Exercise Machines (AR) 2:00 Poker Game (ML) 3:00 Happy Hour (ML)	<b>19</b> 10:15 Chair Exercises (AR) <b>10:30-1:30- BUS TRIP SHOPPING MALL</b> 	<b>20</b> Residents Choice of Leisure Activities
<b>21</b> Residents Choice of Leisure Activities	<b>22</b> 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 7:00 Cribbage Game (LIB) <b>4:30-7:30- BUS TRIP CASINO</b>	<b>23 BURNABY LIBRARY</b> 10:15 Balance Exercise (AR) 2:00 Bocce Ball (AR) 3:15 Mah Jong (LIB) 7:00 Movie Night (ML)	<b>24</b> 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3:30 Card Games (LIB)	<b>25</b> 10:15 Exercise Machines (AR) 2-4 Residents Choice of Leisure Activities	<b>26</b> 10:15 Chair Exercises (AR) 2:00 Music Matinee (ML) 3:00 Board Games (LIB) 7:00 Movie Night (ML)	<b>27</b> Residents Choice of Leisure Activities
<b>28</b> Residents Choice of Leisure Activities	<b>29</b> 10:15 Chair Exercises (AR) 3:15 Knit/Crochet Club (ML) 7:00 Cribbage Game (LIB) 	<b>30</b> 10:15 Balance Exercise (AR) 2:00 Shuffleboard (AR) 3:15 Mah Jong (LIB) 7:00 Movie Night (ML)			<b>BIRTHDAYS</b> <b>Marlene ..... Apr 3</b> <b>Inge ..... Apr 3</b> <b>Betty ..... Apr 11</b> <b>Bernard ..... Apr 23</b>	<b>ABBREVIATIONS</b> <b>(ML)</b> Main Lounge <b>(LIB)</b> Library <b>(AR)</b> Amenity Room <b>(DR)</b> Dining Room <b>(P)</b> Patio