





February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	BIRTHDAYS Astrid Feb 3 Wendy Feb 5 Eva Feb 15 Vicki Feb 24			1 10:15 Exercise Machines (AR) 2:00 Poker Game (ML) 3:00 Happy Hour (ML)	2 10:15 Chair Exercises (AR) 2:00 Ipads/Virtual Reality(ML) 3:00 GAME - Scrabble (LIB) 7:00 Movie Night (ML)	3 Residents Choice of Leisure Activities
4 Residents Choice of Leisure Activities	5 10:15 Chair Exercises (AR) 2:00 BINGO (AR) 3:00 Arts & Crafts (ML) 7:00 Cribbage Game (LIB)	6 10:15 Balance Exercise (AR) 2:00 Shuffleboard (AR) 3:15 Mah Jong (LIB) 7:00 Movie Night (ML)	7 10:15 Chair Exercises (AR) 10:30-1:30- BUS TRIP SHOPPING MALL 2:00 BINGO (AR) 3:00 Mini Golf (AR)	8 10:15 Exercise Machines (AR) 1 - 3 Hearing Clinic (LIB) 2:00 Poker Game (ML) 3:00 Happy Hour (ML)	9 10:15 Chair Exercises (AR) 2:00 Trivia Contest (ML) 3:00 GAME - Rummoli (LIB) 7:00 Movie Night (ML)	10 Residents Choice of Leisure Activities
11 Residents Choice of Leisure Activities	12 10:15 Chair Exercises (AR) 10:30-1:30- BUS TRIP CASINO 2:00 BINGO (AR) 3:15 Knit/Crochet Club (ML) 7:00 Cribbage Game (LIB)	13 10:15 Balance Exercise (AR) 2:00 Resident Swap Meet (Amenity Room) 3:00 Mah Jong (LIB) 7:00 Movie Night (ML)	14 10:15 Chair Exercises (AR) 2:00 MUSIC BINGO (AR) 3 Valentines Day Tea (ML) <div style="text-align: center;"> <i>Happy</i> VALENTINE'S DAY </div>	15 10:15 Exercise Machines (AR) 2:00 Poker Game (ML) 3:00 Happy Hour (ML)	16 10:15 Chair Exercises (AR) 2:00 Ipads/Virtual Reality(ML) 3:00 GAME -Sequence (LIB) 7:00 Movie Night (ML)	17 Residents Choice of Leisure Activities
18 Residents Choice of Leisure Activities	19 	20 10:15 Balance Exercise (AR) 2:00 Hockey Shootout (AR) 3:15 Mah Jong (LIB) 7:00 Movie Night (ML)	21 10:15 Chair Exercises (AR) 2:00 BINGO (AR) 3:00 BIRTHDAY PARTY (Amenity Room)	22 10:15 Exercise Machines (AR) 2:00 Poker Game (ML) 3:00 Happy Hour (ML)	23 10:15 Chair Exercises (AR) 2:00 Trivia Contest (ML) 3:00 GAME - Uno (LIB) 7:00 Movie Night (ML)	24 Residents Choice of Leisure Activities
25 Residents Choice of Leisure Activities	26 10:15 Chair Exercises (AR) 2:00 BINGO (AR) 3:00 Arts & Crafts (ML) 7:00 Cribbage Game (LIB)	27 10:15 Balance Exercise (AR) 2:00 BURNABY LIBRARY (Main Lounge) 3:15 Mah Jong (LIB) 7:00 Movie Night (ML)	28 10:15 Chair Exercises (AR) 10:30-1:30- BUS TRIP SCENIC DRIVE & LUNCH 2:00 MUSIC BINGO (AR) 3:00 Ladder Ball (AR)	29 10:15 Exercise Machines (AR) 2:00 Poker Game (ML) 3:00 Happy Hour (ML)		ABBREVIATIONS (ML) Main Lounge (LIB) Library (AR) Amenity Room (DR) Dining Room (P) Patio