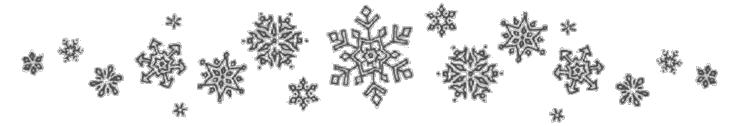




January 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 HAPPY NEW YEAR 2024	2 Residents Choice of Leisure Activities	3 10:15 Chair Exercises (AR) 2:00 BINGO (AR) 3:15 Board Games (LIB)	4 10:15 Exercise Machines (AR) 11:30 Book Club (LIB) 2:30—3:30 <u>Violin Recital (AR)</u>	5 10:15 Chair Exercises (AR) 2:00 Poker Game (ML) 3:00 Happy Hour (ML) 7:00 Movie Night (ML)	6 Residents Choice of Leisure Activities
7 Residents Choice of Leisure Activities	8 10:15 Chair Exercises (AR) 3:00 Residents Choice Board Games (LIB) 7:00 Cribbage Game (LIB)	9 10:15 Chair Exercise (AR) 3:15 Mah Jong (LIB) 7:00 Movie Night (ML)	10:15 Chair Exercises (AR) 2-4 Residents Choice of Leisure Activities	11 10:15 Exercise Machines (AR) 1 - 3 Hearing Clinic (LIB) 2:00 Movie Matinee (ML) 	12 10:15 Chair Exercises (AR) 3:00 Residents Choice Board Games (LIB) 7:00 Movie Night (ML)	13 Residents Choice of Leisure Activities
14 Residents Choice of Leisure Activities	15 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3:00 Art Project (AR) 7:00 Cribbage Game (LIB)	16 10:15 Balance Exercise (AR) 2:00 Shuffleboard (AR) 3:00 Mah Jong (LIB) 7:00 Movie Night (ML)	17 10:15 Chair Exercises (AR) 10:30-1:30— BUS TRIP <u>SHOPPING MALL</u> 2:00 BINGO (ML) 3:00 Basketball (AR)	18 10:15 Exercise Machines (AR) 2:00 Poker Game (ML) 3:00 Happy Hour (ML)	19 10:15 Chair Exercises (AR) 2:00 Ipads/Virtual Reality(ML) 3:00 Board Games (LIB) 7:00 Movie Night (ML)	20 Residents Choice of Leisure Activities
21 Residents Choice of Leisure Activities	22 10:15 Chair Exercises (AR) 10:30-1:30— BUS TRIP <u>CASINO & LUNCH</u> 2:00 BINGO (ML) 7:00 Cribbage Game (LIB)	23 10:15 Balance Exercise (AR) 2:00 Bocce Ball (AR) 3:15 Mah Jong (LIB) 7:00 Movie Night (ML)	24 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3:00 Bean Bag Toss (AR)	25 10:15 Exercise Machines (AR) 2:00 Poker Game (ML) 3:00 Happy Hour (ML)	26 10:15 Chair Exercises (AR) 2:00 Ipads/Virtual Reality(ML) 3:00 Board Games (LIB) 7:00 Movie Night (ML)	27 Residents Choice of Leisure Activities
28 Residents Choice of Leisure Activities	29 10:15 Chair Exercises (AR) 10:30-1:30— BUS TRIP <u>SCENIC DRIVE</u> <u>& LUNCH</u> 3:15 Knit/Crochet Club (ML) 7:00 Cribbage Game (LIB)	30 BURNABY LIBRARY 10:15 Balance Exercise (AR) 2:00 Shuffleboard (AR) 3:15 Mah Jong (LIB) 7:00 Movie Night (ML)	31 10:15 Chair Exercises (AR) 2:30 <u>BIRTHDAY PARTY</u> <u>(Amenity Room)</u> 		<u>BIRTHDAYS</u> Jeanne F Jan 15 Bud Jan 17 George Jan 25 David Jan 31	<u>ABBREVIATIONS</u> (ML) Main Lounge (LIB) Library (AR) Amenity Room (DR) Dining Room (P) Patio