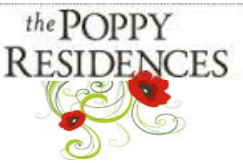











October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 2:00- The Dean Martin Celebrity Roasts (ML) "Bob Hope"
2 <i>Residents Choice of Leisure Activities</i>	3 10:15 Chair Exercises (AR) 2:00 BINGO (AR) 3:15 Art Class (AR)	4 10:15 Balance Exercise (AR) 2:00 Shuffleboard (AR) 3:15 Card Games (ML) 7:00 Movie Night (ML) "Steel Magnolias"	5 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3:00 Bean Bag Toss (AR) 4:30 - 7:30 BUS TRIP RIVER ROCK CASINO	6 10:15 Exercise Machines 11:00 Brain Games (ML) 2:00 Bucket Ball (AR) 3:00 Happy Hour (ML)	7 10:15 Chair Exercises (AR) 3:00 Board Games (ML) 7:00 Movie Night (ML) "Man vs. Bee"	8 2:00- The Dean Martin Celebrity Roasts (ML) "Telly Savalas"
9 <i>Residents Choice of Leisure Activities</i> 	10 THANKSGIVING  10:15 Chair Exercises (AR) 3:15 Art Class (AR)	11 10:15 Balance Exercise (AR) 2:00 Carpet Bowling (AR) 3:15 Dice Games (ML) 7:00 Movie Night (ML) "Godfather Part II"	12 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3:00 Mini Golf (AR) 	13 10:15 Exercise Machines 11:00 Brain Games (ML) 1-3 Hearing Clinic (AR) 3:00 Happy Hour (ML)	14 10:15 Chair Exercises (AR) 2:00 Intro to Ipad (ML) 3:00 Board Games (ML) 7:00 Movie Night (ML) "The Man From Snowy River"	15 2:00- The Dean Martin Celebrity Roasts (ML) "Lucille Ball"
16 <i>Residents Choice of Leisure Activities</i>	17 10:15 Chair Exercises (AR) 10:30-1:30 BUS TRIP ROYAL CITY MALL 2:00 BINGO (AR) 3:15 Art Class (AR)	18 TENDER TOES 10:15 Balance Exercise (AR) 2:00 Shuffleboard (AR) 3:15 Card Games (ML) 7:00 Movie Night (ML) "Taken"	19 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3 Resident Council/Food Committee Mtg (ML)	20 10:15 Exercise Machines 11:00 Brain Games (ML) 2:00 Pumpkin Bowling (AR) 3:00 Happy Hour (ML)	21 10:15 Chair Exercises(AR) 10:30-1:30 BUS TRIP Van Dusen Gardens 3:00 Board Games (ML) 7:00 Movie Night (ML) "Hocus Pocus" 	22 2:00- The Dean Martin Celebrity Roasts (ML) "Jackie Gleason"
23 <i>Residents Choice of Leisure Activities</i>	24 10:15 Chair Exercises (AR) 2:00 BINGO (AR) 3:15 Pumpkin Carving (ML)	25 BURNABY LIBRARY 10:15 Balance Exercise (AR) 2:00 Carpet Bowling (AR) 3:15 Dice Games (ML) 7:00 Movie Night (ML) "The Sixth Sense"	26 10:15 Chair Exercises (AR) 2:00 BINGO (ML) 3 Recreation Mtg (ML) 3:30 Donut Social (ML)	27 10:15 Exercise Machines 11:00 Brain Games (ML) 2:00 Ladder Ball (AR) 3:00 Happy Hour (ML) 7:00 Poker Night (LIB)	28 10:15 Chair Exercises (AR) 2:00 BIRTHDAY PARTY 7:00 Movie Night (ML) "The Addams Family"	29 2:00- The Dean Martin Celebrity Roasts (ML) "Sammy Davis Jr."
30 <i>Residents Choice of Leisure Activities</i>	31 10:15 Chair Exercises (AR) 2:30-3:30 Halloween Party & Costume Contest (ML)			BIRTHDAYS Lily Oct 3 John J (JJ) Oct 4 John H Oct 11 	Glen Oct 14 Steve Oct 23 	(ML) Main Lounge (LIB) Library (AR) Amenity Room (DR) Dining Room (P) Patio

WHAT'S NEW

Staff

Stacy - Housekeeping

We would like to Welcome our new Residents

Ilsa #321

Ines #412

Fong & Tung #413

Programs/Events

BCIT Students Coming In October

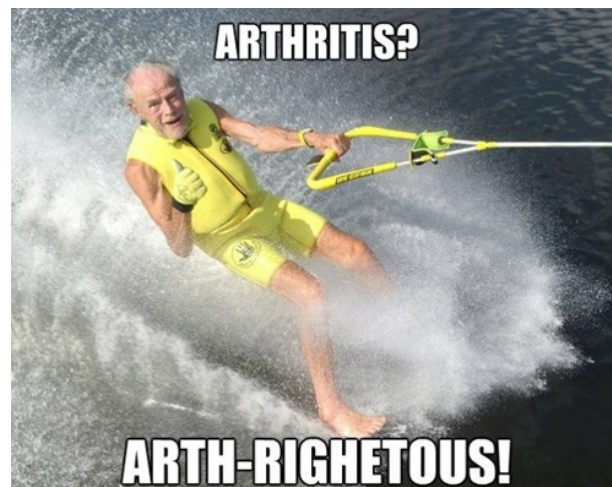
Bus Trip to Van Dusen Harvest Days



Independence Matters Support Services Inc.

Located on site to offer a wide range of support services including appointment and errand accompaniment, in home care, and companionship.

**Please visit the office or call
604-339-6134**



POPPY RESIDENCES ABASSADOR PROGRAM

If you or your family know of a senior that would benefit moving to The Poppy Residence, please have them call Donna to book a tour.

If the prospective resident signs a lease and moves in, we will give you a cheque for \$300 upon the first month's paid rent of the new resident.

LEGION #83 EVENTS

The Legion will now be open Mondays at 2:00pm.

NFL Football all season. With an emphasis on Sunday and Monday night games. Prizes, pools, food, and drink specials will be offered. Get your picks in before close of business Saturday.

Pool tournaments on Wednesday, Darts on Thursday.

Fridays and Saturdays will continue to have meat draws. During the week of Thanksgiving hams and fresh whole turkeys will be available.

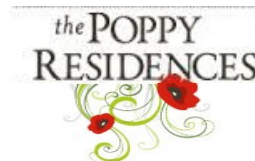
Saturday night is also for trivia, put on by "The Riddler".

OCTOBER EVENTS

**Sept 30 & Oct 1 - Oktoberfest Beverage Sampling
and Charcuterie Board**

Oct 11 - Paint Night

PLEASE PURCHASE YOUR TICKETS IN ADVANCE



"Old age is like climbing a mountain. You climb from ledge to ledge. The higher you get, the more tired and breathless you become, but your views become more extensive."